

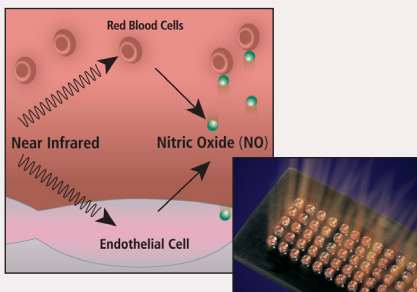
What is Anodyne Therapy®?

The word “Anodyne” means pain relief, and Anodyne® Therapy Systems are medical devices that emit infrared light at a wavelength of 890 nm, delivering therapeutic benefits such as reduced pain and muscle spasms and increased circulation. Anodyne® Therapy treatments can be used on patients of all activity and ability levels, and can even be safely applied over metal implants/pacemakers.

How do Anodyne Therapy® Systems Work?

Anodyne® Therapy Systems provide health care professionals a unique tool to treat patients suffering from both acute and chronic pain, enhancing the body’s natural healing mechanisms.

When tissues of the body are exposed to the infrared light emitted from an Anodyne® Therapy System, a biological chain of reactions occurs. Local circulation increases, bringing oxygen



and nutrients to injured areas—expediting healing and reducing pain. Treatment with Anodyne® Therapy can help to break the “pain cycle” by increasing vasodilation and decreasing ischemic response in injured areas.

How is Anodyne Therapy® Applied?

Treatment with an Anodyne® Therapy System generally lasts 20 minutes. During treatment, patients typically report a soothing, therapeutic warmth. Combining Anodyne® Therapy with other manual and therapeutic techniques provides optimal outcomes for individual patients.



If you have an acute or temporary problem, more than likely, you will not require ongoing treatments. If a chronic condition is causing your pain or circulatory problem, clinical treatment with Anodyne® Therapy will not be a cure but rather a continuing treatment for your condition.

The physical therapists at Bethany HomeHealth Services are trained in administering infrared therapy, along with standard prescribed treatments.

Anodyne Infrared Therapy® Can Be Applied To:

- Ankle
- Back
- Elbow
- Face
- Feet
- Hand
- Hip
- Knee
- Neck
- Shoulder
- Spine
- Wrist

Licensed Medicare and Medicaid agency by the State of Texas.

Dallas Corporate
972-248-2441
DFW
817-589-8811

Nacogdoches
936-569-2949
Nacogdoches Specialty
936-559-8555

Lufkin
936-699-2744
Livingston
936-329-0400



Bay City
979-244-5265
Lake Jackson
979-297-1414

Longview
903-553-0056
Tyler
903-593-1234

Carthage
903-690-9669
Corsicana
903-872-0642

Waco
254-741-6451
Clear Lake
832-932-5311