Bethany HomeHealth Services

"Excellence in Home Care"

Keep Track of Your Vitals

Visit us online: www.bethanyhealthcare.com

Monthly Tracking
31 Days

Weight _____	BP _____	Heart Rate _____	Respirations _____	Glucose _____
Weight _____	BP _____	Heart Rate _____	Respirations _____	Glucose _____
Weight _____	BP _____	Heart Rate _____	Respirations _____	Glucose _____
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Weight _____	BP _____	Heart Rate _____	Respirations _____	Glucose _____
Weight _____	BP _____	Heart Rate _____	Respirations _____	Glucose _____

Dallas Corporate
972-248-2441
DFW
817-589-8811

Nacogdoches
936-569-2949
Nacogdoches Specialty
936-559-8555

Lufkin
936-699-2744
Livingston
936-329-0400

Bay City
979-244-5265
Lake Jackson
979-297-1414

Longview
903-553-0056
Tyler
903-593-1234

Carthage
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Corsicana
903-872-0642

Waco
254-741-6451
Clear Lake
832-932-5311

Licensed Medicare and Medicaid agency by the State of Texas.